

Mitzy and the Trouble with Bedtime

Everything for one read-aloud, in a single file. Print the whole thing, or open it and print only the pages you want. It is free, and it stays free.

What is in this pack

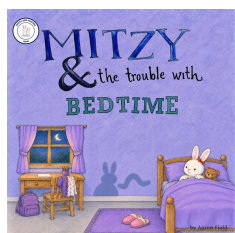
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How to use it

Read the book first, all the way through, without stopping to ask anything. The talking comes afterward. The reading guide has three questions and one thing to do, and none of it needs preparing.

These are quiet stories. Somebody gets something wrong, usually by accident, and the grown-ups stay kind about it. Nobody is shamed and nobody says the lesson out loud, so a child is left room to work it out. If a question opens up a feeling, that is the book doing its job.

Everything here may be copied for your class, your library or your kitchen table, as many times as you like.



The book

Mitzy and the Trouble with Bedtime

Paperback \$14.99 and Kindle \$4.99. 8.5 by 8.5 inches, 36 pages.

ISBN 978-1-952403-05-7. Maxmouse Publishing.

Schools, libraries and districts can order directly from us with a purchase order at an educational discount. Write to hello@mitzyandfriends.com for a quote.



Mitzy and the Trouble with Bedtime

The story

Mommy turns off the light and the room goes very dark. The shapes on the wall are not shapes Mitzy knows. She calls out, and Mommy comes back and sits on the edge of the bed, and does not turn the light on. She says she did not like the dark when she was little either, and that what she did was give the shadows names. So Mitzy looks at the wall for a long time. There is a bunny. There is a very silly hat.

The feeling in this book

Being frightened of the dark is not something to be talked out of. It gets easier when somebody stays, and when the frightening thing turns out to be something you can look at properly.

Talk about it

- Why do you think Mommy did not turn the light back on?
- Mitzy gave the shadows names. What would you have called them?
- What helps you when your room feels too dark?

Something to do

At bedtime tonight, look at one shadow on the wall together and give it a name. Silly names work best. In the morning, draw it.

About the story we read today

For teachers: print one per child to send home in backpacks.

Today we read *Mitzy and the Trouble with Bedtime*.

These are quiet stories about a family of rabbits. Somebody gets something wrong, usually by accident, and the grown-ups sit down beside them instead of raising their voices. Nobody is shamed. Nobody is sent to a corner. What your child comes away with is the feeling that it is safe to say what happened.

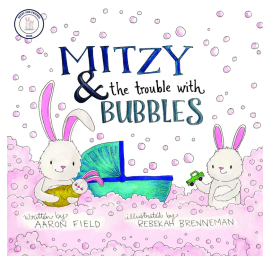
If the story stayed with them, there are free things to print at home. Every book has a one page reading guide with a few questions to talk about together and one thing to do afterwards. There are coloring pages of all the friends, and counting and handwriting pages for younger ones. All of it is free. There is nothing to sign up for and no email address to hand over.

The books themselves are paperbacks, and there are Kindle editions too. You can find one of them at mitzyandfriends.com, or by searching Mitzy and Friends on Amazon.

Aaron Field

Maxmouse Publishing

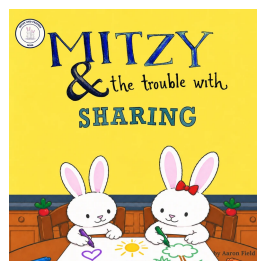
THE BOOKS SO FAR



Mitzy and the Trouble with Bubbles



Mitzy and the Trouble with the New Puppy



Mitzy and the Trouble with Sharing

Seventy books are planned. Each one is about one small thing that goes wrong in an ordinary week.

FREE TO PRINT AT MITZYANDFRIENDS.COM

Reading guides

One page per book. A few questions to talk about together and one thing to do afterwards.

Coloring pages

Every one of the friends to color, plus four scenes in Rebekah Brennenman's original ink line art.

Counting and letters

Carrots to count, numbers to trace, and big letters to write for little ones just starting out.

How do you think she felt?

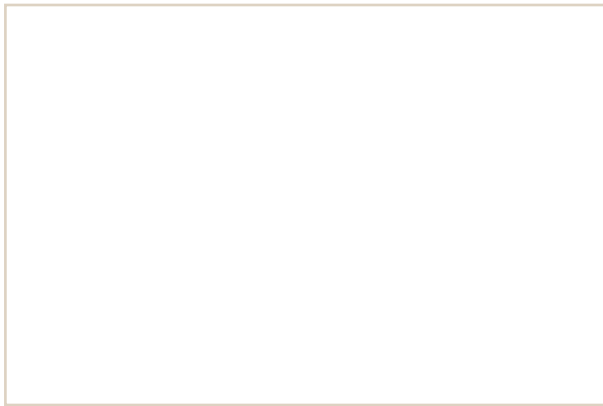
Read this part of the story again, then talk about it together. There is no wrong answer on this page, and a child may pick more than one.

The light goes out and the shapes on the wall are not shapes Mitzy knows.

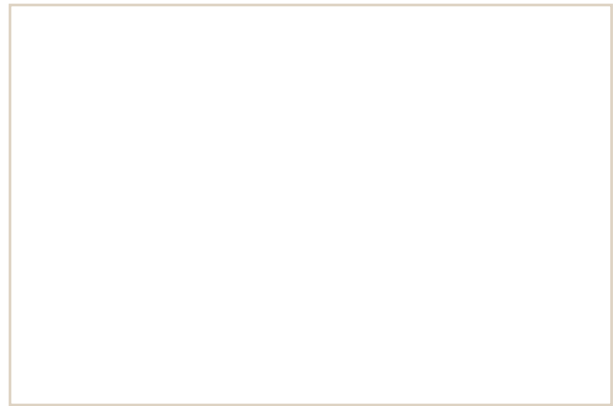
What might she be feeling?

- ☐ **Frightened**
Frightened is exactly it, and nobody in this book tells her not to be.
- ☐ **Alone**
The room went dark and quiet all at once. That is a lonely feeling even when somebody is close by.
- ☐ **Safe**
Later on she feels safe, because Mommy came back and stayed, and sat on the edge of the bed.
- ☐ **Curious**
By the end she is looking at the shadows on purpose, to see what they could be.

Draw the faces



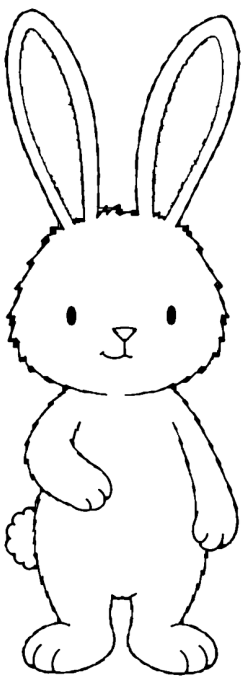
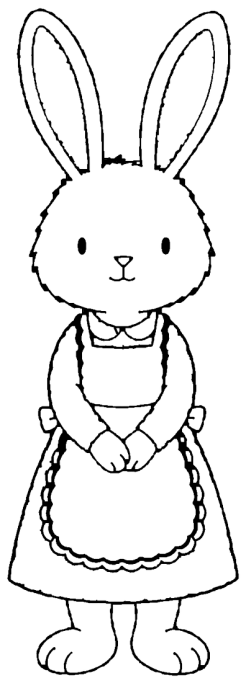
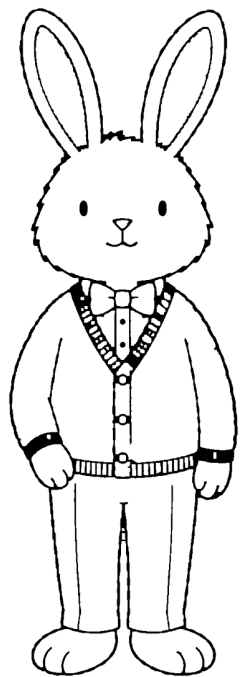
The face you think she made



The face you would make

Bookmarks to color and keep

Color them in, then cut along the dotted lines. Four to a sheet.

MITZY AND FRIENDS  Mitzy <i>This one belongs to</i> _____ _____ <i>Books I have read</i> ○ ○ ○ ○ ○ mitzyandfriends.com	MITZY AND FRIENDS  Mika <i>This one belongs to</i> _____ _____ <i>Books I have read</i> ○ ○ ○ ○ ○ mitzyandfriends.com	MITZY AND FRIENDS  Mommy <i>This one belongs to</i> _____ _____ <i>Books I have read</i> ○ ○ ○ ○ ○ mitzyandfriends.com	MITZY AND FRIENDS  Daddy <i>This one belongs to</i> _____ _____ <i>Books I have read</i> ○ ○ ○ ○ ○ mitzyandfriends.com
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Reader certificates

Two to a sheet. Cut along the middle.



CERTIFICATE OF VERY GOOD READING

This is for _____

who read

Mitzy and the Trouble with Bedtime

Signed _____ Date _____





CERTIFICATE OF VERY GOOD READING

This is for _____

who read

Mitzy and the Trouble with Bedtime

Signed _____ Date _____



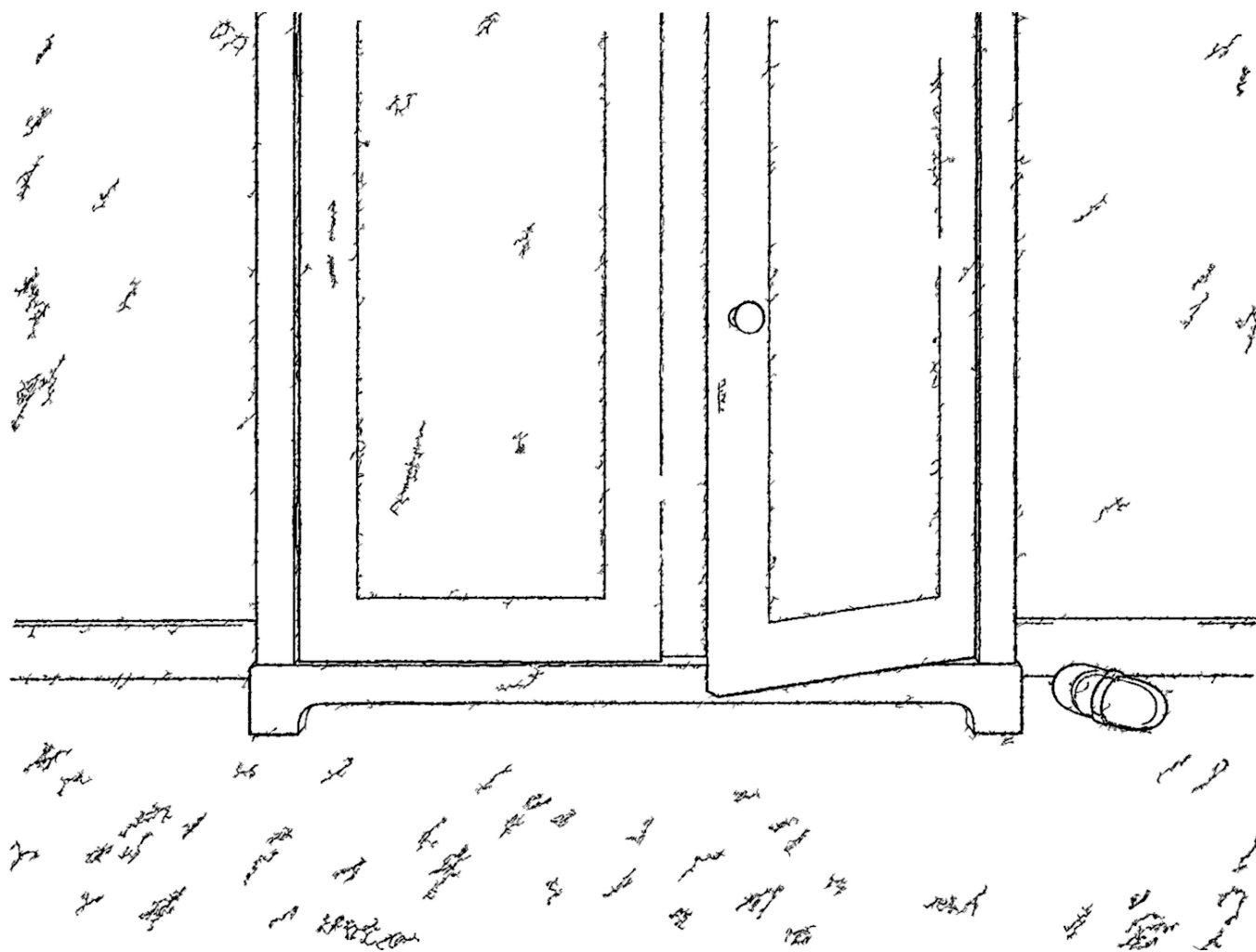
Seventy Mitzy books

Seventy stories about the same small rabbit, her family and her class at Great Oak School. Tick off the ones you have read. The ones in color are out now and the rest are on the way.

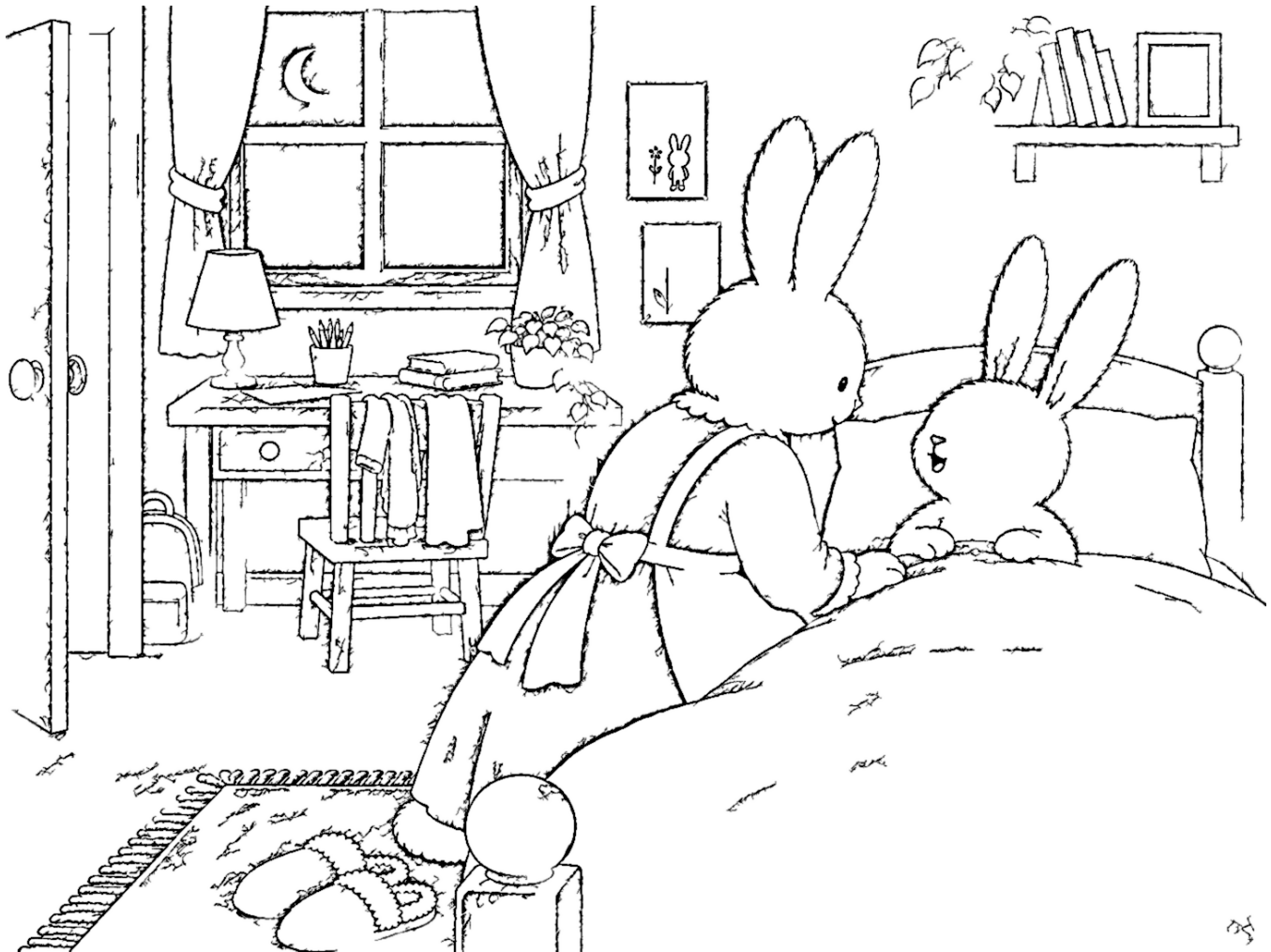
- | | |
|--|--|
| ☒ 1. Mitzy and the Trouble with Bubbles | ☐ 36. Mitzy and the Trouble with the Swimming Hole |
| ☒ 2. Mitzy and the Trouble with the New Puppy | ☐ 37. Mitzy and the Trouble with the Family Reunion |
| ☒ 3. Mitzy and the Trouble with Sharing | ☐ 38. Mitzy and the Trouble with the Snow Day |
| ☐ 4. Mitzy and the Trouble with the First Day | ☐ 39. Mitzy and the Trouble with the Vegetable Stand |
| ☐ 5. Mitzy and the Trouble with Bedtime | ☐ 40. Mitzy and the Trouble with the Lost Pet |
| ☐ 6. Mitzy and the Trouble with the New Baby | ☐ 41. Mitzy and the Trouble with the Field Trip |
| ☐ 7. Mitzy and the Trouble with New Food | ☐ 42. Mitzy and the Trouble with Christmas |
| ☐ 8. Mitzy and the Trouble with Losing the Game | ☐ 43. Mitzy and the Trouble with Running Out |
| ☐ 9. Mitzy and the Trouble with Saying Sorry | ☐ 44. Mitzy and the Trouble with the Fireworks |
| ☐ 10. Mitzy and the Trouble with Big Feelings | ☐ 45. Mitzy and the Trouble with the Class Pet |
| ☐ 11. Mitzy and the Trouble with the Messy Room | ☐ 46. Mitzy and the Trouble with the Costume Contest |
| ☐ 12. Mitzy and the Trouble with a Rainy Day | ☐ 47. Mitzy and the Trouble with the Woodshop |
| ☐ 13. Mitzy and the Trouble with the New Friend | ☐ 48. Mitzy and the Trouble with the Safety Drill |
| ☐ 14. Mitzy and the Trouble with the Lost Toy | ☐ 49. Mitzy and the Trouble with the New Baby Cousin |
| ☐ 15. Mitzy and the Trouble with the Haircut | ☐ 50. Mitzy and the Trouble with the Talent Show |
| ☐ 16. Mitzy and the Trouble with the Doctor | ☐ 51. Mitzy and the Trouble with the Silent Treatment |
| ☐ 17. Mitzy and the Trouble with Waiting Her Turn | ☐ 52. Mitzy and the Trouble with the Chores |
| ☐ 18. Mitzy and the Trouble with the Broken Toy | ☐ 53. Mitzy and the Trouble with the Big Kid Bike |
| ☐ 19. Mitzy and the Trouble with the Costume | ☐ 54. Mitzy and the Trouble with the Substitute |
| ☐ 20. Mitzy and the Trouble with the Grumpy Morning | ☐ 55. Mitzy and the Trouble with Town Hall |
| ☐ 21. Mitzy and the Trouble with the Big Storm | ☐ 56. Mitzy and the Trouble with the Class Election |
| ☐ 22. Mitzy and the Trouble with Show and Tell | ☐ 57. Mitzy and the Trouble with the Fall Leaves |
| ☐ 23. Mitzy and the Trouble with the Team Project | ☐ 58. Mitzy and the Trouble with the Copycat |
| ☐ 24. Mitzy and the Trouble with Moving Day | ☐ 59. Mitzy and the Trouble with the New Neighbor |
| ☐ 25. Mitzy and the Trouble with the Dentist | ☐ 60. Mitzy and the Trouble with the Wrong Answer |
| ☐ 26. Mitzy and the Trouble with the Beach Trip | ☐ 61. Mitzy and the Trouble with the Home Build |
| ☐ 27. Mitzy and the Trouble with Day Camp | ☐ 62. Mitzy and the Trouble with the Maypole |
| ☐ 28. Mitzy and the Trouble with the Zoo | ☐ 63. Mitzy and the Trouble with the Playdate |
| ☐ 29. Mitzy and the Trouble with a New Sister | ☐ 64. Mitzy and the Trouble with the Birthday Wish |
| ☐ 30. Mitzy and the Trouble with the New Kid | ☐ 65. Mitzy and the Trouble with the Long Car Ride |
| ☐ 31. Mitzy and the Trouble with Making Peace | ☐ 66. Mitzy and the Trouble with the Bad Dream |
| ☐ 32. Mitzy and the Trouble with the Sleepover | ☐ 67. Mitzy and the Trouble with the New School Year |
| ☐ 33. Mitzy and the Trouble with the Allowance | ☐ 68. Mitzy and the Trouble with the Apology Letter |
| ☐ 34. Mitzy and the Trouble with the Library Book | ☐ 69. Mitzy and the Trouble with Saying Goodbye |
| ☐ 35. Mitzy and the Trouble with the Recital | ☐ 70. Mitzy and the Trouble with Growing Up |

☒ Out now, in paperback and for Kindle.

☐ On the way. New books are added through the year.



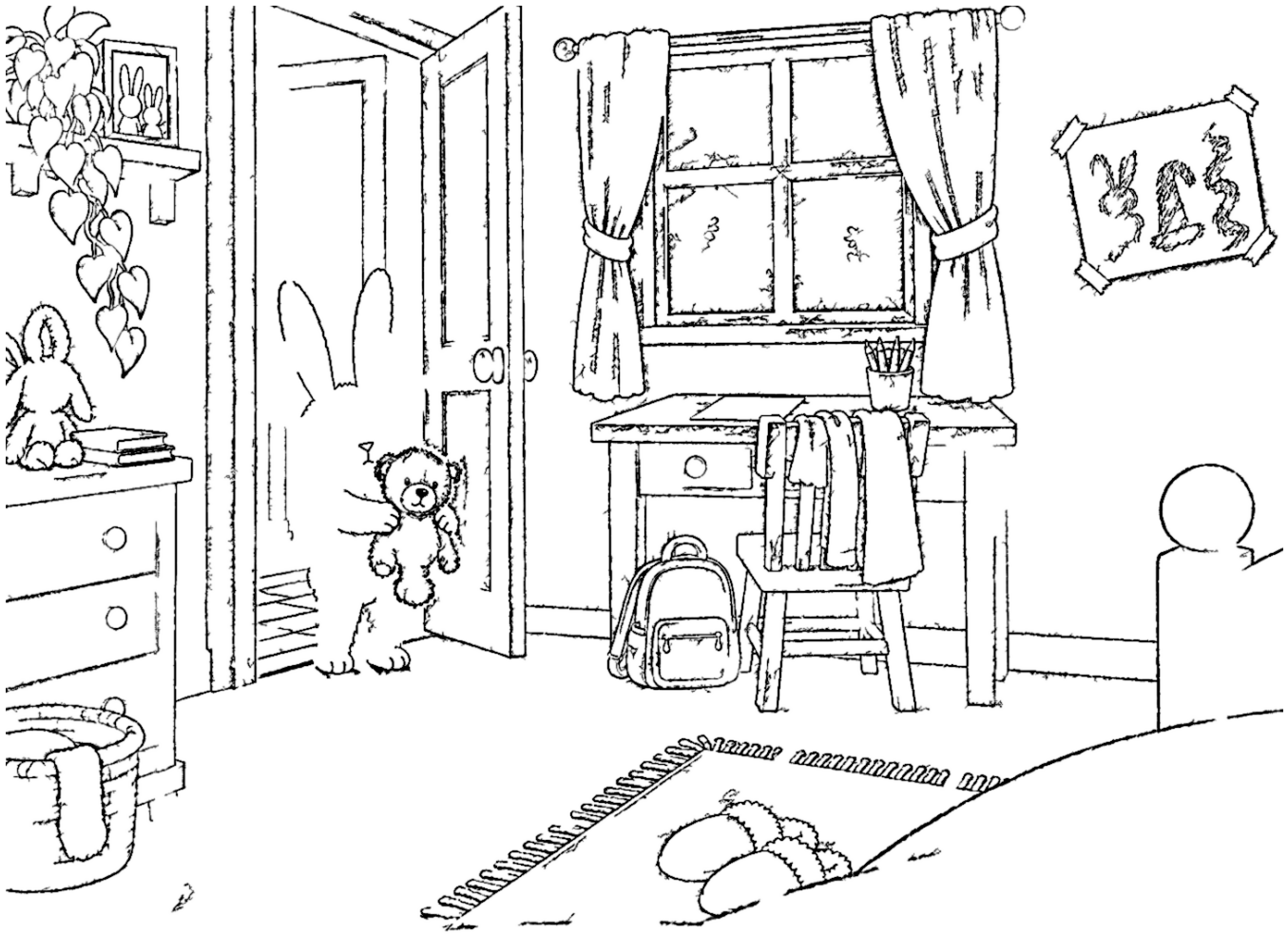
Colored by _____



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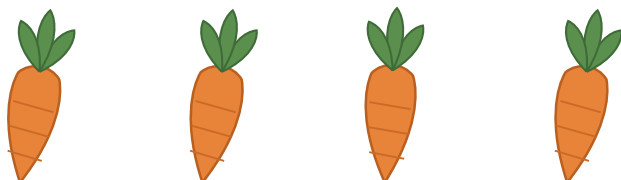
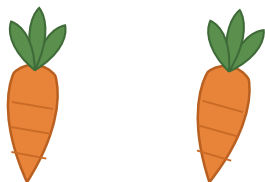
Colored by _____



Colored by _____

Count the carrots with Mitzy

The bunny family is getting dinner ready. Count the carrots in each row and write the number in the box.



Trace the numbers, count the carrots

Trace each number, then touch each carrot as you count it out loud.

1



2



3



4



5



Trace the bunnies' names

Trace the big letters with your finger first, then with a crayon. Then write each name yourself on the lines underneath.

Mitzy, the big sister

M I T Z Y

Mika, her little brother

M I K A

Now write your own name, nice and big
